



Trusted Training  
& Compliance



# Post Collision Driver Coaching and Workshop

## Course Overview

Experiencing a collision or road incident is a traumatic experience for any driver and can have a detrimental effect on their confidence, well-being and future safety while driving.

This course restores driver confidence and increases driver safety by reducing the risk of any further replication of the incident.

Course involves a 2-to-3-hour discussion reviewing the incident and theory session followed by practical on-road training tailored to the driver's personal requirements.

## Delivery Formats

**Duration**

7.5  
hours

**Delegates**

1  
driver

# Course Outline

## Introduction

- Driving licence and eyesight checks.
- Define objectives and identify specific training needs.
- Setting general goals for the session.

## Post collision/incident training

- In-depth review of collision or incident report and drivers' description.
- Nature of the journey, start time that day, what happened the day before.
- What does the driver consider was the primary causation for the collision or incident?
- On reflection could they have done something different.
- Revisit the scene if it is beneficial to the course.

## Coaching session inc assessment, and debriefing:

- Build confidence through defensive driving and recognising hazards.
- Promote proactive driving through application of COAST – Concentration, Observation, Anticipation, Space & Time.
- Recognition of hazards and speed limit changes in good time.
- Defining appropriate speed.
- Bite-sized, driver-centred learning.
- Discuss progress.
- Undertake parking and manoeuvring exercises.
- Encourage commentary-style driving to maintain concentration and accelerate anticipation to situations developing ahead.

## Course review



Discuss outcomes and reflect on the session.



Revisit 'what do you want to get out of today'.



Advice for ongoing development/improvement.

## Logistics

Our delivery is facilitated both in a classroom and in-vehicle.

### In order to facilitate the training:

- A suitable room to comfortably seat all attending.
- Driver to be able to read a number plate from 20 metres in good day light with or without corrective vision.
- Produce their driving licence.
- Vehicle meets all Road Traffic Act requirements.
- Our trainer to be insured to drive the vehicle during any time of the course in the event they have to take over or provide a demonstration drive.

## To book...

TTC Fleet and Driver Risk  
Management Services

T: 03330 113 113

E: [drivertraining@ttc-uk.com](mailto:drivertraining@ttc-uk.com)

[www.thettcgroup.com](http://www.thettcgroup.com)



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